ESOPHAGUS MODEL

Ingredients
- Lap trainer
- Penrose pipe (approx. 1”)
  - Hair gel
- Felt (pink and white)
  - Stapler
  - String
- Rubber bands
  - Ruler
- Mayo scissors
  - Glue
- Cardboard
Steps

1. Cut penrose pipe in segments of approximately 25 cm

2. Tie off one end of the penrose pipe with a piece of string

3. Fill penrose pipe with hair gel to model esophagus

4. Tie off the second end
5. Cover the tube in pink felt and glue the sides of the felt together

6. Secure the pink tube to the center of a piece of white felt approximately 35 by 17 cm

7. Staple the white felt to a piece of cardboard approximately 15 by 15 cm

- allow for a double layer of the white felt to cover the pink tube when both sides are folded towards the midline of the pink tube

8. Make one hole in each corner of the cardboard
- attach a long elastic band to each hole

9. Place the model on the bottom of a lap trainer and secure using elastic bands